

# Manawa Ora

Healthy Heart Healthy Homes  
Ngā Whare Hauora

## Information sheet for whānau/families

Kia ora!

You have been referred to the Manawa Ora Healthy Homes Initiative.

**The Manawa Ora Healthy Homes Initiative aims to support tamariki and whānau to live in warmer, drier, healthier homes.**

The Manawa Ora programme is coordinated throughout Northland by Te Whatu Ora. A member of the Hub will contact you between 2-3 days of receiving your referral. A community health worker / kaimahi from a Whānau Ora provider will phone you within a couple of weeks of being referred. The kaimahi will arrange to visit you at home within a month. The visit will aim to find out what is required to help make your home warmer and drier and / or improve your housing situation and to provide you with advice.

Some of the housing interventions Manawa Ora can provide include insulation, curtains, heating, bedding, ventilation, assistance with Work and Income or social housing, and education depending on your housing situation.

### Who are the Whānau Ora Providers and what are their roles?

Manawa Ora has connections with whānau Ora providers located across Te Tai Tokerau Northland, as well as Habitat for Humanity. You will be contacted by someone working for one of these organisations. They will work with you to support and manage your family's progress through this process. The organisations are:

- Te Runanga O Te Rarawa covering the Far North / Kaitaia
- Hauora Hokianga covering Hokianga
- Tokotoko Solutions covering Whangārei
- Te Hau Ora O Ngāpuhi covering Kaikohe
- Ngāti Hine Health Trust covering Mid-North and Whangārei
- Te Paatu ki Kauhanga covering the Far North
- Te Hā Oranga covering Dargaville and Kaipara
- Ki A Ora Ngātiwai covering Whangārei (coastal and urban Whangārei)
- Habitat for Humanity covering Whangārei
- Te Runanga O Whaingaroa covering the Far North / Kaeo / Whangaroa.



## **Consent**

A consent form is attached to your referral form. This is important as it allows us to share information to help you and your family.

## **Protection of privacy**

Any information that is provided by you will be disclosed only to those assigned parties assisting with the Manawa Ora service. All information gathered will be kept securely and confidentially.

## **Voluntary participation**

You can choose not to participate in any part of the initiative or exit at any time.

## **If you have any questions about Manawa Ora, please contact us:**

Phone: 0800 155 173

Email: [manawaora@northlanddhb.org.nz](mailto:manawaora@northlanddhb.org.nz)

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