

Endocrinology and Diabetes

The Christchurch Endocrinology and Diabetes Service has three positions accredited by the Royal Australasian College of Physicians for advanced training in Endocrinology and Diabetes. We are accredited for two endocrinology advanced training (AT) positions and one diabetes advanced training position. The endocrinology positions consist of core training, including 12 months required clinical year (RCY), maximum duration training 24 months. There is one AT position for diabetes core training (not RCY), maximum 12 months.

Christchurch has long been a centre of excellence for endocrinology training.

The department is based in the Christchurch hospital outpatient building built in 2018 with dedicated clinical and administration areas.

The service links with other specialty departments, including neurosurgery where pituitary surgery is undertaken, endocrine surgery and radiology. , The endocrinology service is supported by an excellent specialist laboratory (Endolab) which maintains close clinical links and has a dedicated endocrinology testing unit within the outpatient clinic space.

The thyroid service provides general thyroid clinics and radioiodine therapy (inpatient and outpatient), and a multidisciplinary thyroid cancer clinic.

The Obstetric Medicine service for management of gestational diabetes is jointly provided with Obstetrics and Gynaecology. Other specialist services include reproductive endocrinology clinic, metabolic bone clinic and paediatric endocrinology clinic. Clinical exposure to specialist lipid clinics is provided in conjunction with the lipid service.

Canterbury DHB has New Zealand's largest population of type 1 diabetes. We offer multidisciplinary diabetes services,. We have several diabetes nurse specialists and we manage many patients on insulin pump therapy with automated insulin delivery. We have a service for young adults with diabetes for patients 15-25 years old.

The service has a dedicated diabetes foot clinic with specialist diabetes podiatry services; combined clinics with vascular surgery and infectious diseases,

Consultants are Juliet Berkeley, Catherine Conway, David Cole, Steven Soule, Penny Hunt, Nilu Hewapathirana, Huan Chan, Christy Macdonald, Helen Lunt and Belinda Schouten. Many of the consultants also hold academic positions or joint appointments with general medicine. Dr Chan is also a lipid specialist

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